

# Syllabus: Introduction to Psychology

## Psych 100 — Fall 2010, UIUC

***This is an addendum to the Psych 100 Course Guide (found at the course website listed below). You are responsible for reading and understanding the entire contents of this Syllabus AND the Course Guide.***

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**Instructor: Jason R. Finley, M.A.**  
*Email:* jrfinley@illinois.edu  
*Office Hours:* Mon 3-4pm, Thurs 1-2pm  
*Office:* 836 Psychology Building  
*Mailbox:* 3<sup>rd</sup> floor Psychology Building

*Class Times & Location*  
*MWF 11am-11:50am: Section D4*  
*MWF 1pm-1:50pm: Section F4*  
  
Rm. 32 Psychology Building

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### **Websites:**

- Course Website: <http://www.psych.uiuc.edu/courses/psych100/>
- Compass (used for your section): <https://compass.illinois.edu>
- Subject Pool Info: [http://www.psych.illinois.edu/subject\\_pool/subject\\_pool.php](http://www.psych.illinois.edu/subject_pool/subject_pool.php)

**Required Material:** this Syllabus, Psych 100 Course Guide (see Course Website), i-Clicker, and textbook + study guide + student website passkey (*Psychology, 8<sup>th</sup> Ed.* by Bernstein et al., 2008). See Course Guide for details (p 12).

### **Additions to Course Overview & Goals in Course Guide (p 3):**

My goal is to help you:

- learn to learn,
- learn to think critically,
- develop an appreciation for how awesome psychology is,
- see the science behind the sound bites.

Note that my job is to *help* you learn, not *force* you to learn. Learning requires time and effort. I am here to help you, but you need to also take responsibility for your own learning.

### **Additions to Class Decorum in Course Guide (p 7):**

- Please be mentally present. I will strive to not be boring.
- Please do your part to *minimize distraction*. Silence your cell phone. No texting, crosswords, sudoku, alligators, or antimatter. Laptops (muted) are okay for note-taking, but not Facebook, email, YouTube, solitaire, etc. (it distracts others). Food and drink are okay IF you can do it without making a racket or a mess, and as long as mouth-watering or nauseating aromas don't incapacitate the rest of the class.
- Please don't start packing up early. Just relax; it'll be okay.
- Please ask questions! Speak up whenever you have questions, don't understand something, have answers, have ideas, etc. Asking questions is a sign of WISDOM, and it's also a great way to learn.

**Grading:** 350 course points total. See Course Guide for details (pp 13-19).

- Midterm Exam: 80
- Final Exam: 110
- Subject Pool (6 hours): 20
- **Section: 140**
  - Graded Quizzes: 60  
There are 9 total (10 points each), all done on Compass (click “Assessments”); the top 6 of your scores will count. Each Graded Quiz will be available for 48 hours (see Schedule below). Each Graded Quiz consists of 20 multiple-choice questions worth 0.5 points each, and has a 30-minute time limit. During the 48 hour time period that a Graded Quiz is available, you’ll get TWO attempts to take that quiz (different questions each time), and the higher of your two scores will be your score for that quiz.
  - Written Assignments: 30  
There are 4 total (10 points each); the top 3 of your scores will count. Assignments will be posted on Compass (click “Assignments”) at least one week before they’re due, due-dates given in the Schedule below. Completed assignments must be turned in via Compass (not email nor physically) by the due date and time in the Schedule. No points will be given for assignments turned in late.
  - Participation Experience Points (XP): 50  
You can earn up to a maximum of 50 XP using any combination of the following methods:
    - Ask or answer a question in class: 3 XP each, max once per week (weeks 1-15; total XP=42)
    - Respond to at least one i-Clicker prompt in class on two separate days in a single week: 3 XP each, max once per week (weeks 2-15; total XP=39)
    - Come to office hours and talk about something relevant to the course: 3 XP each, max once per week (weeks 1-15; total XP=42)
    - Do program assessments on Compass: 3 XP each (5 opportunities, but the 5th requires having done the 1st. see Schedule below; total XP=15)
    - In-class exercises (occasionally): 2 XP each

**Make-ups:** None, for section points, because they already allow for missing some stuff without penalty. For info on alternate (“conflict”) exam dates, see the Course Guide (pp 15-16).

**Extra Credit:** None, ever. Don’t ask; it’s impossible.

**PowerPoint Slides:** Will be posted on Compass, AFTER each class. This is because (a) they may not be finalized before class, and (b) not having them before class means you’ll have to pay more attention (which improves learning). Knowing that you’ll have them after class means you won’t have to frantically write down every single detail on the slides while taking notes.

**Special Needs:** If you have any, let me know. We'll provide accommodations conforming to the UIUC Policy for the Provision of Reasonable Accommodations for Students with Disabilities. See the Course Guide (p 11).

**Comp I/II Requirements:** This course does not fulfill them.

**Cheating & Plagiarism:** Seriously, DON'T DO IT. Read the Course Guide (pp 8-10) so you know exactly what this means.

**Subject Pool:** 6 hours of participation in actual real psychological research! All the info about this is either in the Course Guide (p 13) or in the "For Undergraduates" section of the Subject Pool info website (which is where the 1<sup>st</sup>-day Subject Pool handout comes from too). Here's an official statement I have to give you: *A penalty is recorded for any study that you sign up for, but do not attend or cancel at least 24 hours in advance. If you have 2 penalties your account is locked and you cannot sign up for additional studies or look at your account for the rest of the term. However, you may still attend experiments that you signed up for but have not yet completed. For complete policies and procedures on subject pool, please go to: [http://www.psych.illinois.edu/subject\\_pool/subject\\_pool.php](http://www.psych.illinois.edu/subject_pool/subject_pool.php)*

**How to Learn/Study:** See Course Guide (pp 20-25). Also, pay attention to the Learning Objectives for each chapter, which can be found in the Study Guide (companion to textbook), and on Compass (under Course Material). Actively thinking about things improves learning, and the more you retrieve information from memory the stronger your memory for that information gets. So self-quizzing/testing does more than just tell you about the current state of your learning; it actually *improves* your memory!

## Psych 100 Schedule for Sections D4 and F4, Fall 2010

**Note: Graded Quizzes on Compass start and end at 8 am and are available for 48 hours. Graded Quizzes are available after every two chapters and you have two attempts where your highest score will be your quiz score. Practice Quizzes for each chapter can be taken once and are available from 3 days before a chapter is first covered in lecture up until 1 day after a chapter is last covered in lecture. Please get in the habit of checking Compass daily for quizzes, in the "Assessments" section for this course.**

<u>Class Day</u>	<u>Topic</u>	<u>Required (by start of day unless otherwise noted)</u>	<u>Recommended</u>
<b>PART 1: Material covered for MIDTERM EXAM (Chapters 1, 2, 12, 3, 6, 7, 8, 13)</b>			
<b>WEEK 1 of the TERM</b>			
<b>Mon., 8/23</b>	Course Orientation Ch. 1: Introducing Psychology	<ul style="list-style-type: none"> <li>• <b>Read Syllabus and Course Guide</b></li> <li>• ACTIVELY read pp. 1-26, Text (<i>Psychology, 8<sup>th</sup> Ed</i>)</li> <li>• By <b>9/2/10</b> do <u>Assessment 1A</u> on Compass (<i>PSYC 100-Intro Psych –Participate in Program Assessment</i>) [required to do 1B]</li> </ul>	<ul style="list-style-type: none"> <li>• Do pp. 1-26, Guide (<i>Psychology Study Guide, 8<sup>th</sup> Ed</i>)</li> <li>• Practice Quiz Ch. 1 (<i>Compass</i>)</li> </ul>
<b>Wed., 8/25</b>	Ch. 2: Research in Psychology	<ul style="list-style-type: none"> <li>• ACTIVELY read pp. 27-57, Text</li> </ul>	<ul style="list-style-type: none"> <li>• Do pp. 27-58, Guide</li> </ul>
<b>Fri., 8/27</b>	Ch. 2: Research in Psychology	<ul style="list-style-type: none"> <li>• Register i-Clicker at: <a href="http://iclicker.illinois.edu/">http://iclicker.illinois.edu/</a></li> </ul>	<ul style="list-style-type: none"> <li>• Practice Quiz Ch. 2</li> </ul>
<b>WEEK 2 of the TERM</b>			
<b>Mon., 8/30</b>	Ch. 12: Human Development	<ul style="list-style-type: none"> <li>• ACTIVELY read pp. 456-515, Text</li> <li>• <b>Graded Quiz 1 (Course Guide &amp; Chs. 1-2), avail. Mon-Tues on Compass</b></li> <li>• By <b>9/20/10</b> Register for Subject Pool at: <a href="http://uiuc.sona-systems.com/">http://uiuc.sona-systems.com/</a></li> </ul>	<ul style="list-style-type: none"> <li>• Do pp. 355-385, Guide</li> </ul>
<b>Wed., 9/1</b>	Ch. 12: Human Development	<ul style="list-style-type: none"> <li>• By <b>9/8/10</b> do <u>Assessment 2</u> on Compass ("<i>PSYC 100-Intro Psych –Participate in Program Assessment</i>")</li> </ul>	
<b>Fri., 9/3</b>	Ch. 12: Human Development	<ul style="list-style-type: none"> <li>• <b>Assignment 1 due on Compass by 11:59pm 9/3/10.</b></li> </ul>	<ul style="list-style-type: none"> <li>• Practice Quiz Ch. 12</li> </ul>
<b>WEEK 3 of the TERM</b>			
<b>Mon., 9/6</b>	NO CLASS: LABOR DAY		
<b>Wed., 9/8</b>	Ch. 3: Biological Aspects	<ul style="list-style-type: none"> <li>• ACTIVELY read pp 58-105, Text</li> </ul>	<ul style="list-style-type: none"> <li>• Do 59-92, Guide</li> </ul>
<b>Fri., 9/10</b>	Ch. 3: Biological Aspects		
<b>WEEK 4 of the TERM</b>			
<b>Mon., 9/13</b>	Ch. 3: Biological Aspects	<ul style="list-style-type: none"> <li>• By <b>9/27/10</b> request a Conflict Midterm Exam by completing Compass form and getting signatures by due date!</li> </ul>	<ul style="list-style-type: none"> <li>• Practice Quiz Ch. 3</li> </ul>
<b>Wed., 9/15</b>	Ch. 6: Learning	<ul style="list-style-type: none"> <li>• ACTIVELY read pp. 193-235, Text</li> <li>• <b>Graded Quiz 2 (Chs. 12 &amp; 3), avail. Wed-Thurs on Compass</b></li> <li>• By <b>9/22/10</b> do <u>Assessment 3</u> on Compass ("<i>PSYC 100-Intro Psych –Participate in Program Assessment</i>")</li> </ul>	<ul style="list-style-type: none"> <li>• Do 161-198, Guide</li> </ul>
<b>Fri., 9/17</b>	Ch. 6: Learning		<ul style="list-style-type: none"> <li>• Practice Quiz Ch. 6</li> </ul>
<b>WEEK 5 of the TERM</b>			
<b>Mon., 9/20</b>	Ch. 7: Memory	<ul style="list-style-type: none"> <li>• ACTIVELY read pp. 236-278, Text</li> <li>• <b>DEADLINE: All must register for Subject Pool at: <a href="http://uiuc.sona-systems.com/">http://uiuc.sona-systems.com/</a></b></li> <li>• <i>If you turn 18 after today the Coordinator will e-mail you about an alternate assignment.</i></li> </ul>	<ul style="list-style-type: none"> <li>• Do 199-232, Guide</li> </ul>
<b>Wed., 9/22</b>	Ch. 7: Memory	<ul style="list-style-type: none"> <li>• Do any Compass Practice or Graded Quizzes</li> </ul>	<ul style="list-style-type: none"> <li>• Practice Quiz Ch. 7</li> </ul>
<b>Fri., 9/24</b>	Ch. 8: Cognition & Language	<ul style="list-style-type: none"> <li>• ACTIVELY read pp. 279-324, Text</li> <li>• <b>Graded Quiz 3 (Chs. 6 &amp; 7), avail. Fri-Sat on Compass</b></li> </ul>	<ul style="list-style-type: none"> <li>• Do 233-264, Guide</li> </ul>

<u>Class Day</u>	<u>Topic</u>	<u>Required (by start of day)</u>	<u>Recommended</u>
<b>WEEK 6 of the TERM</b>			
<b>Mon., 9/27</b>	Ch. 8: Cognition & Language	• <b>DEADLINE: Turn in <u>completed</u> Request for a Conflict Midterm Exam with signatures!</b>	• Practice Quiz Ch. 8
<b>Wed., 9/29</b>	Ch. 13: Health, Stress, Coping	• ACTIVELY read pp. 516-549, Text	• Do 386-411, Guide
<b>Fri., 10/1</b>	Ch. 13: Health, Stress, Coping Midterm Exam information	• <b>Graded Quiz 4 (Chs. 8 &amp; 13), avail. Fri-Sat on Compass</b>	• Do Practice Midterm Exam • Practice Quiz Ch. 13

**WEEK 7 of the TERM**

**Mon., 10/4** NO CLASS: MIDTERM EXAM

MIDTERM EXAM is **TENATIVELY Scheduled For:**

**Monday, October 4, 2009, 7:00 PM to 9:00 PM, in room 180 Bevier Hall for sections D4 & F4.**  
 For updated information go to: <http://www.psych.uiuc.edu/courses/psych100/announcements.php>

**PART 2: Material covered for FINAL EXAM (Chapters 10, 4, 5, 9, 11, 14, 15, 16, 17, 18)**

**WEEK 7 of the TERM (continued)**

<b>Wed., 10/6</b>	Ch. 10: Cognitive Abilities	• ACTIVELY read pp. 365-402, Text • <b>Assignment 2 due on Compass by 11:59pm 10/6/10.</b>	• Do pp. 294-322, Guide
<b>Fri., 10/8</b>	Ch. 10: Cognitive Abilities		• Practice Quiz Ch. 10

**WEEK 8 of the TERM**

<b>Mon., 10/11</b>	Ch. 4: Sensation	• ACTIVELY read pp. 106-151, Text	• Do pp. 93-127, Guide
<b>Wed., 10/13</b>	Ch. 4: Sensation Return Midterm Exams		
<b>Fri., 10/15</b>	Ch. 4: Sensation Ch. 5: Perception	• ACTIVELY read pp. 152-192, Text • <b>DEADLINE: Last day to drop course</b>	• Do pp. 128-160, Guide • Practice Quiz Ch. 4

**WEEK 9 of the TERM**

<b>Mon., 10/18</b>	Ch. 5: Perception	• <b>Graded Quiz 5 (Chs. 10 &amp; 4), avail. Mon-Tues on Compass</b>	• Practice Quiz Ch. 5
<b>Wed., 10/20</b>	Ch. 9: Consciousness	• ACTIVELY read pp. 325-364, Text • <b>DEADLINE: Turn in <u>completed</u> Request to Review a Midterm Exam Question forms</b>	• Do pp. 265-293, Guide
<b>Fri., 10/22</b>	Ch. 9: Consciousness		• Practice Quiz Ch. 9

**WEEK 10 of the TERM**

<b>Mon., 10/25</b>	Ch. 11: Motivation & Emotion	• ACTIVELY read pp. 403-455, Text • <b>Graded Quiz 6 (Chs. 5 &amp; 9), avail. Mon-Tues on Compass</b>	• Do pp. 323-354, Guide
<b>Wed., 10/27</b>	Ch. 11: Motivation & Emotion	• By <b>11/3/10</b> do <u>Assessment 4</u> on Compass (“ <i>PSYC 100-Intro Psych –Participate in Program Assessment</i> ”)	
<b>Fri., 10/29</b>	Ch. 11: Motivation & Emotion		• Practice Quiz Ch. 11

<u>Class Day</u>	<u>Topic</u>	<u>Required (by start of day)</u>	<u>Recommended</u>
<b>WEEK 11 of the TERM</b>			
<b>Mon., 11/1</b>	Ch. 14: Personality	• ACTIVELY read pp. 550-586, Text	• Do pp. 412-440, Guide
<b>Wed., 11/3</b>	Ch. 14: Personality		• Practice Quiz Ch. 14
<b>Fri., 11/5</b>	Ch. 15: Psychological Disorders	• ACTIVELY read pp. 587-642, Text • <b>Graded Quiz 7 (Chs. 11 &amp; 14), avail. Fri-Sat on Compass</b>	• Do pp. 441-471, Guide
<b>WEEK 12 of the TERM</b>			
<b>Mon., 11/8</b>	Ch. 15: Psychological Disorders		
<b>Wed., 11/10</b>	Ch. 15: Psychological Disorders		• Practice Quiz Ch. 15
<b>Fri., 11/12</b>	Ch. 16: Treatment	• ACTIVELY read pp. 643-687, Text • <b>Assignment 3 due on Compass by 11:59pm 11/12/10.</b>	• Do pp. 472-502, Guide
<b>WEEK 13 of the TERM</b>			
<b>Mon., 11/15</b>	Ch. 16: Treatment	• Request a Conflict Final Exam by completing Compass form and getting signatures by due date!	• Practice Quiz Ch. 16
<b>Wed., 11/17</b>	Ch. 17: Social Cognition	• ACTIVELY read pp. 688-720, Text • <b>Graded Quiz 8 (Chs. 15 &amp; 16), avail. Wed-Thurs on Compass</b>	• Do pp. 503-531, Guide
<b>Fri., 11/19</b>	Ch. 17: Social Cognition		• Practice Quiz Ch. 17
<b>WEEK 14 of the TERM</b>			
<b>Mon., 11/22</b>	NO CLASS: Thanksgiving Break		
<b>Wed., 11/24</b>	NO CLASS: Thanksgiving Break		
<b>Fri., 11/26</b>	NO CLASS: Thanksgiving Break		
<b>WEEK 15 of the TERM (last week to earn participation XP)</b>			
<b>Mon., 11/29</b>	Ch. 18: Social Influence	• ACTIVELY read pp. 721-760, Text • By <b>12/9/10</b> do <b>Assessment 1B</b> on Compass (“ <i>PSYC 100-Intro Psych –Participate in Program Assessment</i> ”) [requires having done Assessment 1A]	• Do pp. 532-559, Guide
<b>Wed., 12/1</b>	Ch. 18: Social Influence	• <b>DEADLINE: Turn in <u>completed</u> Request for a Conflict Final Exam with signatures!</b>	
<b>Fri., 12/3</b>	Ch. 18: Social Influence	• <b>Assignment 4 due on Compass by 11:59pm 12/3/10.</b>	• Practice Quiz Ch. 18
<b>WEEK 16 of the TERM</b>			
<b>Mon., 12/6</b>	Catch up Day	• <b>Graded Quiz 9 (Chs. 17 &amp; 18), avail. Mon-Tues on Compass</b>	
<b>Wed., 12/8</b>	Final Exam information		• Do Practice Final Exam
<b>Thurs., 12/9</b>	Reading Day	• <b>DEADLINE: Last day of Subject Pool!</b>	

### FINAL EXAM

[The day, time, and room will be announced by your Instructor as soon as possible.](#)

For updated information go to: <http://www.psych.uiuc.edu/courses/psych100/announcements.php>